

**MAXIMIZING HUMAN POTENTIAL:
A DEVELOPMENTAL JOURNEY**

FCS 5962-001 (3 credit hours)

MTWHF 8:30 am to 4:30 pm

May 9-13, Summer, 2005

Primary Instructors:

Prof. Cheryl Wright, 581-3147/ cheryl.wright@fcs.utah.edu

Prof. Marissa Diener, 581-8750/marissa.diener@fcs.utah.edu

Guest Lectures:

Prof. Kevin Rathunde, 581-5392/kevin.rathunde@fcs.utah.edu

Prof. Scott Wright, 585-9542/scott.wright@nurs.utah.edu

This course will focus on fostering the social-emotional development in multiple contexts (home, school, community).

Requirements/grades:

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| 1. Class participation and attendance
(including in-class projects) | 30% |
| 2. Daily Reactions | 5% |
| 3. Papers completed after course: | |
| Paper 1 Integration Paper | 25% |
| Paper 2 Exploring the Context of Optimal Experience | 20% |
| Paper 3 Toward Optimal Aging | 20% |

Papers 1-3 need to be turned in by Friday, June 3th before noon. More detailed instructions for the 3 papers will be provided throughout the week. The integration paper will require you to think about all the topics covered. The goal is to synthesize information presented during the week and in the required readings as a whole. Paper #2 will require you to reflect on your own quality of experience and paper #3 will require you to interview an older adult and apply course material to the interview.

Papers and final grades will be available in the FCS main office - (228 AEB)
Friday, July 1st.

TENTATIVE SCHEDULE:

Note: Lunch break is each day from 12:00-1:00

Monday: Introduction
Dr. Diener - Emotion Regulation
Start Group Projects

Tuesday: Dr. C. Wright - Play
Children's Panel
Group Projects

Wednesday: Dr. Rathunde - Educational Environments & Flow
Parent panel
Group Projects/ Child Observations

Thursday: Neighborhoods
Movement - Body Thinking
Cross Cultural Panel
Group Projects/ Child Observations

Friday: Dr. S. Wright - Optimal Aging
Group Project Poster Session
Instructor Panel

Required Readings:

A course packet will be available for students to purchase.